

**HURON VALLEY RECREATION & COMMUNITY EDUCATION**

**ULTIMATE FITNESS**

**MINI 2 SESSION: FEB 13-MAR 12**

\$48R/\$58NR/8 classes | \$28R/\$38NR/4 classes

**COUNTRY OAKS CAFETERIA**

**Mondays & Wednesdays**

**7:00-8:00pm**

# Fitness Motivators

.com

**This class is fun and never boring! Great for any fitness level!**

See what makes us ORIGINAL. You won't get bored with Fitness Motivators! Why do a single workout that can't provide long-term results when you can do a variety of exercises all in one class? Mix it up with Fitness Motivators- originated in 1989 - experts in the fitness industry! Interval Training, Cardio Boxing, xGravity, Yoga, Z.E.N., Z-Box, Zumba, Complete Body Toning, Strictly Cardio, and much more for you to experience quick results! Equipment: Hand Weights, Mat (No Class February 20)

**CLASS REGISTRATION FORM**

*Registrations will not be confirmed. Report to the first class session unless otherwise notified.*

**REGISTRATION FORM**

Please use separate registration form for each participant!

Participant's Name \_\_\_\_\_ School Attends \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Date of Birth \_\_\_\_\_ T-shirt size \_\_\_\_\_ Sex:   M   F

Phone (home) \_\_\_\_\_ (work) \_\_\_\_\_ (cell) \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_ Email Address \_\_\_\_\_

Class #	Class Name	Day/Time	Beginning Date	Location	Fee
1181-Mini 2	Ultimate Fitness	M or W @7:00pm	Feb 13	Country Oaks	\$28.00
1181-Mini 2	Ultimate Fitness	M&W @7:00pm	Feb 13	Country Oaks	\$48.00

Participants agree to use the facilities, premises and equipment of Huron Valley Schools at participant's own risk. Participants agree to hold harmless and indemnify, and waiver any claims of any sort or nature that participant may have or acquire against the Huron Valley Schools and its board members, employees, agents and volunteers. In the event participant nevertheless asserts a claim against a party released herein, Huron Valley Schools shall be entitled to recover its reasonable attorney fees and costs incurred in defending against such claim. Pictures are sometimes taken in our programs and may be used in Huron Valley School's promotional material (brochures, flyers, website, etc.) Children are never identified by name. Contact our office if you would not like your child photographed.



Please complete if paying by Visa/MC:

Acct # \_\_\_\_\_ EXP:   /   \_\_\_\_\_

Cardholder Signature \_\_\_\_\_

**MAIL:** Mail to Huron Valley Recreation & Community Education office along with your check or money order, made payable to Huron Valley Schools or charge on your VISA or MasterCard. Allow 3 business days for mail delivery. (5061 N. Duck Lake Road, Highland, MI 48356)

**FAX:** at 248.676.8453. Use registration this form. Include your VISA or MasterCard account #, expiration date and your phone number.