

Ultimate Fitness!

GREENFIELD ELEMENTARY SCHOOL | GYM

31200 Fairfax | Birmingham, 48009

Wednesday 6:00 – 7:00pm

Session I

JAN 25- FEB 29

Omit Date: 2/22

\$35N/\$40NR/5 classes

Class Code: 250023/2984



Session II

MAR 7 - APR 25

Omit Dates: 3/21, 3/28, 4/4

\$35R/\$40NR/5 classes

Class Code: 250023/2986

All fitness levels welcomed in this free-style class! You won't get bored with Fitness Motivators! Why do a single workout that can't provide long-term results when you can do a variety of exercises all in one class? Mix it up with Fitness Motivators- originated in 1989 - experts in the fitness industry! Interval Training, Cardio Boxing, xGravity, Yoga, Sculpt and Stretch, Z-BOX, Complete Body Toning, Strictly Cardio, and much more for you to experience quick results! Equipment: Hand Weights & Mat
 Certified Fitness Instructor, Beth

GREENFIELD Wednesday Ultimate Fitness REGISTRATION FORM

Household/Primary Adult Contact: Resident Non-Resident

Last Name: _____ First Name: _____ E-mail: _____

Address: _____ City: _____ Zip: _____

Home Phone: (____) _____ Work Phone: (____) _____ Emergency Phone: (____) _____

Last Name	First Name	Class #	Activity Name	Fee (Circle One)
		250023/2984	Greenfield 1/25/12-2/29/12 5 CLASSES - Omit 2/22	\$35-Resident \$40-NonResident
		250023/2986	Greenfield 3/7/12-4/25/12 5 CLASSES - Omit 3/21, 4/4,4/25	\$35-Resident \$40-NonResident

Visa Master Card Expiration Date: Mo _____ Year _____ Card Number: _____

Authorized Signature: _____

By accepting my registration in the above programs, I hereby understand that I release my rights or claims for damages that I may have against the Birmingham Public Schools through which this program is conducted or its Instructors or Staff Members. I will also adhere to the refund policy. For more information, call 248-203-3800 Monday through Friday, from 9:00 am until 4:00pm. To fax this registration: 248-203-3818

Date: _____ Participants Signature: _____ (Guardian signature for minors)

Make checks payable to: Birmingham Public Schools

2436 W. Lincoln, Suite F101

Birmingham, MI 48009

CHECK OR MONEY ORDER MUST EQUAL EXACT AMOUNT OF THIS REGISTRATION.