

Fitness Motivators.com

Z-Box Fitness® with Fitness Motivators Riley (south gym) 1555 Henry Ruff, Livonia, 48154



Z-Box Program will get you fit FAST! We will need a minimum of 20 pre-registered students to make these classes a go. Please help us pass the word about our Fitness Motivators classes. For more information, please visit www.fitnessmotivators.com or www.zboxfitness.com. If you have questions or comments, please call Donna at (cell) 248-909-5253 or (office) 248-987-6930 **Important:** Aromatherapy is used at the end of this class. **Always check our websites, Twitter, or Facebook in case Riley is closed due to the weather.**

Date	Day	Time	Price
04/17/12 - 06/12/12	Tuesday	6:30 - 7:30pm	\$42/7 classes

Dates of classes: 7 classes. 4/17, 5/1, 5/8, 5/15, 5/29, 6/5, 6/12 **OMIT DATES:** 4/24, 5/22

Instructor: Fitness Motivators/Donna Lim

Waiver/Registration Form

Household/Primary Adult Contact:

Last Name: _____ First Name: _____ E-mail: _____

Address: _____ City: _____ Zip: _____

Home Phone: (____) _____ Work Phone: (____) _____ Emergency Phone: (____) _____

Student's Last Name	Student's First Name	Activity Name	Fee
		Riley- Z-Box Fitness - 1 hour/7-classes	\$42.00

No refund after the first class meeting. No Exception. Return Checks, subject to a \$45.00 Fee.

Credit Card Payments Please visit this link online: <http://debbielim.com/Livonia.html> OR CALL 248.987.6930

"I have enrolled in the personalized health and fitness program offered by Fitness Motivators LLC. I recognize that the program involves strenuous physical activity including, but not limited to cardio boxing, muscle strength and endurance training, cardiovascular conditioning and training, and other various fitness activities. I hereby affirm that I am in good physical condition and do not suffer from any known disability or condition which would prevent or limit my participation in this exercise program. I acknowledge that my enrollment and subsequent participation in purely voluntary and in no way mandated by Fitness Motivators LLC."

"In consideration of my participation in this program, I hereby release Fitness Motivators LLC and its agents from any claims, demands, and causes of action as a result of my voluntary participation and enrollment. I fully understand that I may injure myself as a result of my enrollment and subsequent participation in this program and I hereby release Fitness Motivators LLC and its agents from any liability now or in the future for conditions that I may obtain. These conditions may include, but are not limited to, heart attacks, muscle strains, muscle pulls, muscle tears, broken bones, shin splints, heat prostration, injuries to knees, injuries to back, injuries to foot, or any other illness or soreness that I may incur, including death."

By accepting my registration in the above programs, I hereby understand that I release my rights or claims for damages that I may have against Fitness Motivators or Livonia Public Schools, through which this program is conducted, or its Instructors or Staff Members. I will also adhere to the refund policy. For more information, call 248-987-6930 Monday through Friday, from 9:00 am until 3:00pm.

I HEREBY AFFIRM THAT I HAVE READ AND FULLY UNDERSTAND THE ABOVE STATEMENTS.

Date: _____ Participants Signature: _____ (Guardian signature for minors)

Make checks payable to:

Z-Box Fitness LLC/Arena

2209 Euler Road, Suite 2, Brighton, MI 48114

CHECK OR MONEY ORDER MUST EQUAL EXACT AMOUNT OF THIS REGISTRATION

* Instructor could change without notice.