

BIRMINGHAM Zumba® Tuesday 6:30-7:15 PM Seaholm Birmingham, 48009 March 23-May 18 Omit Date: 4/6 \$72R/\$77NR/8 classes Anne-Marie	BIRMINGHAM Zumba® Thursday 6:30-7:15 PM Bingham Farms Bingham Farms, 48025 March 25-May 27 Omit Dates: 4/8, 4/22 \$72R/\$77NR/8 classes Sonia	BLOOMFIELD Ultimate Fitness Monday/Wednesday 3:30-4:30 PM West Hill W Bloomfield, MI 48323 March 8-March 31 No Omit Date \$62R/10 classes Beth	BLOOMFIELD Zumba® Tuesday 6:00-6:45 PM Lone Pine W Bloomfield, MI 48323 April 13-June 15 No Omit Date \$72R/10 classes Denise	FH/FARMINGTON Z-Box™ Monday 6:30-7:30 PM Jon Grant/ FS#3 Farmington, 48336 March 8-April 26 No Omit Date \$48R/\$53NR/8 classes Laura	FH/FARMINGTON All Level Boot Camp Tuesday/Thursday 6:30-7:30 PM Costick Center Farmington Hills, 48336 March 9-April 29 No Omit Date \$80R/\$90NR/16 Classes \$48R/\$53NR/8 Classes Tue: Laura/Sonia/Nene Thu: Laura, Denise/Nene
FH/FARMINGTON Zumba® Wednesday 6:30-7:15 PM Jon Grant/ FS#3 Farmington, 48336 March 10-April 28 No Omit Date \$48R/\$53NR/8 classes Debbie	FH/FARMINGTON Zumba® Saturday 9:30-10:15 AM Jon Grant/ FS#3 Farmington, 48336 March 13-May 1 No Omit Date \$48R/\$53NR/8 classes Denise	FH/FARMINGTON Zumba® Monday/Wednesday 4:30-5:15 PM FCS/Gym Farmington, 48336 April 12-May 12 No Omit Date \$60R/10 classes(2-days/wk) \$38R/5 classes(1-day/wk) Sonia	HIGHLAND/MILFORD Yoga Monday 6:00-7:00 PM Country Oaks Commerce Twp, 48382 March 22-May 10 Omit Date: 4/5 \$48R/\$58NR/7 classes Beth	HIGHLAND/MILFORD Ultimate Fitness Monday/Wednesday 7:00-8:00 PM Country Oaks Commerce Twp, 48382 March 22-May 12 Omit Dates: 4/5, 4/7 \$68R/\$78NR/14 classes Christina, Beth, Annie	HIGHLAND/MILFORD Zumba® Tuesday 7:00-8:00 PM Kurtz Milford, 48381 March 23-May 11 Omit Date: 4/6 \$48R/\$58NR/7 classes Christina
HIGHLAND/MILFORD Z-Box™ Thursday 7:00-8:00 PM Kurtz Milford, 48381 March 25-May 13 Omit Date: 4/8 \$48R/\$58NR/7 classes Beth & Annie	Livonia Zumba® Tuesday 5:30-6:15 PM Riley Livonia, MI 48154 April 13-June 1 No Omit Date \$54/8 classes Debbie	Livonia Z-Box™ Tuesday 6:30-7:15 PM Riley Livonia, MI 48154 April 13-June 1 No Omit Date \$54/8 classes Diamond	NOVI Z-Box™ Saturday 9:30-10:30 AM Novi Woods Novi, MI 48374 March 20-April 17 Omit Date: 4/3 \$28/R/4 classes mini session Sonia & Laura	NOVI Zumba® Saturday 10:45-11:30 AM Novi Woods Novi, MI 48374 March 20-April 17 Omit Date: 4/3 \$28/R/4 classes Christina	NOVI Z-Box™ Monday 6:00-6:45 PM Novi Woods Novi, MI 48374 March 22-April 19 Omit Date: 4/5 \$26/R/4 classes Nene
NOV Zumba® Monday 7:00-7:45 PM Novi Woods Novi, MI 48374 March 22-April 19 Omit Date: 4/5 \$26/R/4 classes Debbie	PLYMOUTH Z-Box™ Thursday 5:30-6:15 PM City of Plymouth Plymouth, MI 48170 March 11-April 29 No Omit Date \$64R/\$79NR/8 classes Diamond	PLYMOUTH Zumba® Thursday 6:30-7:15 PM City of Plymouth Plymouth, MI 48170 March 11-April 29 No Omit Date \$64R/\$79NR/8 classes Debbie	PLYMOUTH Zumba® & Z-Box™ Friday 10:30-11:15 AM City of Plymouth Plymouth, MI 48170 March 12-April 30 Omit Date: 4/2 \$56R/\$71NR/7 classes Debbie		

Deadline to Register: 3/8/10 Deadline to Register:3/8/10 Deadline to Register: 3/9/10



FITNESS MOTIVATORS - Spring Session I
PLEASE VISIT WEBSITES FOR THE REGISTRATION DETAILS
www.fitnessmotivators.com - or - www.debbielim.com

ATTENTION Z-BOX STUDENTS (ZEN BOXERS):

We had a successful Detroit Pistons pre-game performance in January where the Detroit Pistons/Palace of Auburn Hills asked us to come back for the next season (October or December - date TBD)! We will be doing a **HALFTIME Z-BOX FITNESS PERFORMANCE!** If you are registered in any of our Z-Box classes and think you have what it takes to jam with us on the court or you want to cheer your team, please contact **Debbie - lim761@gmail.com** (invitation open to 15 current Z-Box students; Audition may be required or referral from your Instructor).

Please visit our websites for your registration details and more.
Please register early to avoid cancellation of your class.
We **STILL** have the best price and the highest quality classes around!

www.fitnessmotivators.com - or - www.debbielim.com

Debbie: 248.910.4605
Donna: 248.909.5253
Christina: 248.622.6845

