

Birmingham Community Education

Zumba with BONUS - Strength Training!

Bingham Farms Elementary School/GYM

Thursday 6:30 – 7:30pm

Session I - September 16 – November 4

Mini Session: November 18 - December 16

(Omit Date: 11/25)



Now offered as a ONE HOUR class AND a bonus - with strength training! We also slashed the price for the BEST PRICE in town! There is no excuse now! Zumba is not your average cardio class, plus we've added strength training at the end of your cardio with Zumba, so that you are able to tone your body too! Depending on how you exert yourself, you could burn between 400 to 900+ calories PER CLASS! Feel the music and join the party! For all fitness levels. Get your groove on with Fitness Motivators ZUMBA! **Please bring a set of hand weights to class.**

Authorized Zumba Instructor, Sonia

BINGHAM ZUMBA REGISTRATION FORM

Household/Primary Adult Contact: _____

Resident Non-Resident

Last Name: _____ First Name: _____ E-mail: _____

Address: _____ City: _____ Zip: _____

Home Phone: (____) _____ Work Phone: (____) _____ Emergency Phone: (____) _____

Last Name	First Name	Class #	Activity Name	Fee (Circle One)
		250003/1661	Zumba - Thursday – BINGHAM (8 CLASSES)	\$56-Resident \$61-NonResident
		250014/1659	Zumba - Thursday – BINGHAM (4 CLASSES)	\$28-Resident \$33-NonResident

Visa Master Card Expiration Date: Mo _____ Year _____ Card Number: _____

Authorized

Signature: _____

By accepting my registration in the above programs, I hereby understand that I release my rights or claims for damages that I may have against the Birmingham Public Schools through which this program is conducted or its Instructors or Staff Members. I will also adhere to the refund policy. For more information, call 248-203-3800 Monday through Friday, from 9:00 am until 4:00pm. To fax this registration: 248-203-3818

Date: _____ Participants Signature: _____ (Guardian signature for minors)

Make checks payable to: Birmingham Public Schools

2436 W. Lincoln, Suite F101

Birmingham, MI 48009

CHECK OR MONEY ORDER MUST EQUAL EXACT AMOUNT OF THIS REGISTRATION.